


Lanzhou & Xiahe Pilgrim Journey - 4 Days

In this 4-day tour, you will discover the glamour of the Bingling Temple Grottoes, which are cut on steep cliffs along the Yellow River. In Xiahe, a Tibetan-inhabited region, you will witness pilgrims pray and seek spiritual fulfillment at holy Labrang Monastery.

Date	Destinations	Attractions, Meals & Transport
1	Day 1 Lanzhou	 airport - hotel transfer in Lanzhou  Waterwheel Garden, White Pagoda Mountain The Waterwheel Garden is a highlight along the Yellow River in Lanzhou. The unique waterwheels will provide you an insight into the irrigation tools of ancient China. Unfurling below visitors a marvelous view of the city of Lanzhou and the mighty waters of Yellow River rolling on incessantly when they climb onto the top of the hill.
2	Day 2 Lanzhou - Xiahe (by automobile)	 private transfer from Lanzhou to Xiahe  breakfast, lunch  Bingling Temple Grottoes Pay a visit to the Bingling Temple Grottoes, which can be reached after a 75 km drive from Lanzhou by car and then by boat. The grottoes are cut on steep cliffs along the Yellow River, about 2 km long in a honeycomb pattern. There are now nearly 800 sculptures in stone, clay and clay-covered stone and 900 square meters of murals preserved in 183 cases.
3	Day 3 Xiahe	 breakfast, lunch  Labrang Monastery, Sangke Grassland The Labrang Monastery is one of the six great monasteries of the Gelug school of Tibetan Buddhism. It has a museum with a large collection of Buddha statues, sutras and murals. You will witness Tibetan pilgrims pray and seek their spiritual fulfillment along the 3-kilometers path encircling the Labrang Monastery. Covering a vast area of 70 square kilometers and being encircled by mountains, Sangke Grassland is a great place to appreciate the magnificent pastoral scenery. Lush green grass and colorful flowers form a natural carpet covering this expansive area. You will be arranged to stay overnight with a local family or to rent a tent, and you will get a chance to experience Tibetan food such as yak-butter tea, stuffed steamed buns, mutton, and Zamba (a traditional Tibetan staple food of roasted highland barley flour).
4	Day 4 Xiahe - Lanzhou (by automobile)	 Private transfer from Xiahe to Lanzhou airport  breakfast

Tour Includes :

- Private English-speaking tour guide
- Private air-conditioned coach or car
- Land transfers between airport and hotel
- Entrance tickets as listed
- Lunch as listed
- Hotel accommodations with breakfast
- Service charge & government taxes

Tour Excludes :

- Any flight and train ticket
- Personal expenses such as laundry, drinks, fax fee, phone bills, optional activities
- Tips for guides and drivers
- China Visa

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