




















Everest Base Camp Journey of a Lifetime - 8 Days

This tour will present to you a feast of Tibetan culture and scenery. You can enjoy yourself in finding the mystery and magnificence of Lhasa, Shigatse and Tingri. You will not miss the Everest Camp Base, where you can appreciate the extreme wonder of the world's highest peak -- Mt. Everest.

Date	Destinations	Attractions, Meals & Transport
1	Day 1 Lhasa	 airport-hotel transfer in Beijing
2	Day 2 Lhasa	 breakfast, lunch  Potala Palace, Sera Monastery The Potala Palace, which used to be the residence of the Dalai Lama and seat of the Tibetan government, is currently converted into a museum. It is comprised of over 200,000 statues, temples, shrines, and historical Tibetan relics. The Sera Monastery, one of the three most distinguished monasteries in Lhasa, is famous for its tantric teachings.
3	Day 3 Lhasa	 breakfast, lunch  Jokhang Temple, Barkhor Street, Norbulingkha The Jokhang Temple, which commemorates the marriage of Tang princess Wencheng to King Songtsen Gampo, earns the reputation as the first Buddhist temple in Tibet. The Barkhor Street, Lhasa's old market, is full of vendors selling their wares. The smell of Yak butter is wafting in the air and hundreds of pilgrims are moving in a clockwise direction. The Norbulingkha is the summer palace of the Dalai Lama.
4	Day 4 Lhasa - Yamdrok Tso - Gyantse - Shigatse (by automobile)	 private transfer of Lhasa/Gyantse/Shigatse  breakfast, lunch  Yamdruktso Lake, Palkhor Chode Monastery The Yamdruktso Lake, one of the three largest sacred lakes in Tibet, will show you beautiful snow-capped mountains and numerous clear streams. The Palkhor Chode Monastery enjoys a high status in Tibet Buddhism history. The Kumbum Stupa, also called "the Ten Thousand Buddha Pagodas", is the most striking architecture in Palkhor Chode Monastery.

5	Day 5 Shigatse - Everest Base Camp (by automobile)	 private transfer from Shigatse to Everest Base Camp  breakfast, lunch  Rongbuk Monastery The Rongbuk Monastery is the world's highest monastery lying at the foot of Mt. Everest. The views of the Everest's north face from this vantage point are amazing.
6	Day 6 Everest Base Camp - Shigatse (by automobile)	 private transfer from Everest Base Camp to Shigatse  breakfast, lunch  Everest Base Camp Early morning, take a car ride to the Everest Base Camp, where you can enjoy the natural wonder of the highest peak in the world.
7	Day 7 Shigatse - Lhasa (by automobile)	 private transfer from Shigatse to Lhasa  breakfast, lunch  Tashilhunpo Monastery The Tashilhunpo Monastery is the traditional seat of successive Panchen Lamas and there are nearly 800 lamas in the monastery nowadays.
8	Day 8 Lhasa	 hotel - airport transfer for your departure  breakfast

About Tibet Travel Permits:

1. All foreign travelers are required to have the Tibet Travel Permit (or Tibet Permit, Tibet Entry Permit) in hand before entering Tibet. The Tibet Travel Permit is issued by Tibet Administration to the authorized travel agencies, but not to individual travelers directly.
2. CITS handle Tibet Permit application for guests who booked Tibet tour package from us. Travelers can either take a tailored private tour or join in a group tour. The tour package should include services of tour guide, automobile, sightseeing & accommodation. Please be advised that we do NOT offer "permit-only" service.
3. The Tibet Permit needs to be applied **at least 20 days** prior to arrival in Tibet, so we suggest travelers send the tour inquiry **at least 30 days** in advance.
4. The general travel information (including tour dates, travelers' personal information, destinations in Tibet...) will be attached to the Tibet Permit, so the travel itinerary could not be changed once the tour is confirmed.
5. All travelers can get Tibet Permit through an authorized travel agency except diplomats, journalists, and government officials who should travel to Tibet under the arrangement by the Foreign Affairs Office of Tibet Government.

How to book a Tibet tour with Tibet Travel Permit:

Step 1: Traveler sends a travel inquiry to CITS.

Step 2: CITS travel counselor sends you an itinerary and quote. We are pleased to make any changes as per your request before you are completely satisfied with the tour proposal.

Step 3: Book the tour and make the payment via bank transfer or PayPal. Payment needs to be received by us at least 20 days before your arrival.

Step 4: Send us the following document & information:

- A scanned copy of your passport (photo page);
- A scanned copy of your China visa (tourist visa);
- All travelers' information including full names, gender, date of birth, passport number, nationality and occupation;

Step 5: Your travel counselors will confirm the tour and send you an email attached with the confirmation & voucher.

Step 6: When you leave for Lhasa you will need to show the original copy of the Tibet permit when checking in at the airport or railway station. The permit will be delivered to our local office in the departure city. You will need to pick it up from the local office. If you booked the land service at that city, our guide will pass the permit to you.

Tour Includes :

- Private tour guide
- Private air-conditioned coach
- Land transfers between airport or railway station and hotel
- Entrance tickets as listed
- Chinese lunch as listed
- Centrally located hotels with breakfast
- Tibet Travel Permit
- Service charge & government taxes

Tour Excludes :

- Any flight with taxes
- Personal expenses such as laundry, drinks, phone bills, optional activities
- Tips for guides and drivers
- China Visa
- Travel insurance

About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. [Click here know more details.](#)
