



Info@cits.com.cn



+86-10-65222991

2016 Wudang Mountain Taiji International Summer Camp - 6 Days

Having a new experience in historical and beautiful Wudang Mountain! This summer camp is suitable for child who is 6-16 years old, owning mysterious and joyful Kungfu dream. Children can learn how to practice Taiji from masters here with fun, how to make a cup of tea, and how to play Chinese traditional Guqin. This special summer camp will definitely give children a deep impression and lasting memories!

240-Hour Visa-Free Transit in China

China is implementing a 10-day (240 hours) visa-free transit policy. The transit program allows visitors who have existing flight bookings from China to a third country (region) to snag a visa on arrival at a Chinese airport (port) and stay for 10 days before departure. Hong Kong, Macao and Taiwan all count as third destinations.





Passport holders of 54 countries, including the United States and the United Kingdom, can enter visa-free through any of the 60 open airports (ports) in 24 provincial regions, covering popular tourist cities like Beijing, Shanghai, Xi'an, Chengdu and Guangzhou.



Read more about [240-Hour Visa-Free Transit in China](#).

Meanwhile, citizens from 38 countries can [enter China visa-free for up to 30 days](#).

Date	Destinations	Attractions, Meals & Transport

<p>1</p>	<p>12th Wudang Mountain Taiji International Summer Camp</p>	<div data-bbox="627 91 671 141"></div> <p>Spotlights Wudang Mountain, as the birthplace of Chinese Kungfu, is a good place for Kungfu fans to learn Taiji and experience traditional Chinese culture. Children from all over the world would like to get together, learning through Taiji and Chinese traditional arts to acquire the balance between nature and human, and playing interesting games to explore Eastern world. It is not only a don't-miss chance for children to improve the capacity to interact with the world but also a stage to broaden their horizon as international citizen!</p> <p>Time: First session: July 11th to July 16th, 2016 Second session: August 8th to August 13th, 2016</p> <p>Place: Wudang Mountain Scenic Area</p> <p>Number of participants: Maximum 60 each session 60 participants will be divided into 2 groups. Each group is accompanied by a Chinese teacher, a foreign teacher, an assistant, and a doctor.</p> <div data-bbox="687 898 1230 1234"></div> <div data-bbox="1251 898 1452 1234"></div>
<p>2</p>	<p>Day 1 Check-in & opening ceremony</p>	<div data-bbox="627 1384 671 1433"></div> <p>08:30 - 09:00 Summer camp check in 09:00-10:30 Opening ceremony 13:00-18:00 After lunch, take a bus ride to the Prince Slope scenic area, where used to be the place Prince Zhenwu taught Daoism. After hearing the story of Prince Zhenwu, campers will set up their own goals and write down their plan during summer camp. 18:00-19:00 Hotel check-in after dinner. 19:30-20:30 Meet with the teachers, self-introduction and team-building.</p> <p>Meals: lunch and dinner Accommodation: hotel in the Wudang Mountain Scenic Area</p>

3	Day 2 Become a learner of Taiji	 <p> 07:30-08:00 Breakfast 08:30-10:30 Take part in the ceremony and become a Taiji learner. Practice Taiji Cloud Hands. 10:30-11:00 Have fun with games and songs. 11:30-12:30 Lunch 12:40-14:00 Rest 14:30-15:30 Do housework and laundry 16:00-17:30 Listen to the tutor explaining classical stories of Daoism and Confucianism and learn to play Guqin in the Cloud and Water Hall. Then, visit the Prince Rock to interview the 'immortal grandfather' Jia, and learn how to keep harmony between nature and human. 18:00-19:00 Dinner 19:30-20:30 Have leisure time with foreign teacher. Meals: breakfast, lunch, dinner Accommodation: hotel in the Wudang Mountain Scenic Area </p>
4	Day 3 Explore the mystery of the South Cliff	 <p> 07:30-08:00 Breakfast 08:30-10:00 Practice Taiji Nine Postures 10:00-12:00 Play puzzle games under the guidance of the foreign teacher 12:00-12:30 Lunch 12:40-14:00 Rest 14:30-15:30 Do housework and laundry 16:00-17:30 Visit the amazing South Cliff Palace, and walk through the beautiful South Cliff corridor to admire the presence of the old buildings and the magnificent work of nature. 18:00-19:00 Dinner. 19:30-20:30 Review Taiji lessons Meals: breakfast, lunch, dinner Accommodation: hotel in the Wudang Mountain Scenic Area </p>
5	Day 4 Climb up to the Golden Summit	 <p> 06:30-07:00 Breakfast 07:30-11:00 Climb up to the Golden Summit. Visit the Plum Memorial Temple, the Little Wudang, the Yellow Dragon's cave, and the Looking Skyward Palace along the way. 11:30-12:30 Enjoy a vegetarian diet on the Golden Summit. 13:00-14:30 Explore the scenic area around the Golden Summit. 14:50-15:30 take a cable car down from the mountain and visit the Eight Immortals Temple and tea plantations. 17:10-18:00 Rest 18:30-19:30 Dinner Meals: breakfast, lunch, dinner Accommodation: hotel in the Wudang Mountain Scenic Area </p>
6	Day 5 Visit the Care Free Valley and Learn Chinese poems	 <p> 06:30-07:00 check out 07:10-07:30 Breakfast 08:00-09:00 Visit the Care Free Valley, one of the most beautiful attractions in Wudang Mountain. 09:10-10:40 Practice Taiji Nine Postures in the Care Free valley 11:00-12:00 Learn songs with foreign teacher 12:10-13:30 Have lunch at the farm house 14:00-17:00 Take a bus ride to the Mill's Needle Well, appreciate famous painting and learn Chinese poems. 17:30-18:00 Take bus down the mountain 18:30-19:30 Dinner 20:00-21:00 rehearse the performances for the closing ceremony. Meals: breakfast, lunch, dinner Accommodation: hotel at the foot of Wudang Mountain </p>

7	Day 6 Closing ceremony	 <p>07:30-08:00 Breakfast. 08:30-10:00 Practice the Taiji Eighteen Postures at the Pure Jade Palace. 10:00-11:30 Prepare for the closing ceremony. 11:50-12:30 Lunch. 13:20-15:20 Participate the closing ceremony, watch group performances, and take group photos. Meals: breakfast, lunch</p>
8	Price upon request	 <p>Fee Includes: 1. Hotel: 5 nights' accommodation on twin-room sharing basis 2. Meals: breakfast, lunch and dinner as listed (10 people each table, 8 dishes and 1 soup) 3. Entrance ticket: the entrance tickets for the scenic area and a one-way cable car ticket. 4. One Taiji outfit, one traditional shirt, and one souvenir CD with camp photos.</p>

About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. [Click here know more details.](#)