info@cits.com.cn +86-10-65222991

Shaolin Temple plus Kungfu & Taichi Face-to-face - 3 Days

Tour to the heart of China's Kungfu and Taichi arts that lasts for centuries. Study Chinese Kungfu 101 face-to face with Kungfu masters. Optional Taichi lessons in the Taichi Academy. Trace the footsteps of Kungfu masters and sample the world heritage Longmen Grottoes.

240-Hour Visa-Free Transit in China

China is implementing a 10-day (240 hours) visa-free transit policy. The transit program allows visitors who have existing flight bookings from China to a third country (region) to snag a visa on arrival at a Chinese airport (port) and stay for 10 days before departure. Hong Kong, Macao and Taiwan all count as third destinations.

Passport holders of 54 countries, including the United States and the United Kingdom, can enter visa-free through any of the 60 open airports (ports) in 24 provincial regions, covering popular tourist cities like Beijing, Shanghai, Xi'an, Chengdu and Guangzhou.

Read more about 240-Hour Visa-Free Transit in China.

Meanwhile, citizens from 38 countries can enter China visa-free for up to 30 days.

Date	Destinations	Attractions, Meals & Transport
1	Day 1: Luoyang - Dengfeng (by automobile)	railway station transfer in Luoyang, private transfer from Luoyang to Dengfeng breakfast, lunch **Shaolin Temple, Chinese Kungfu course** Established in the 5th century, the Shaolin Temple (UNESCO) is world-famous for its connection with Chinese martial arts - Shaolin Kung Fu. China's biggest pagoda forest also lies in Shaolin Temple, which is a concentration of more than 240 tomb pagodas for abbots and eminent monks of the temple. Coming up next is the best part you could ever imagine – a Chinese Kungfu course (2 hours). Here the Kungfu School is one of China's greatest patrimonies sitting in tranquil mountains, the birthplace of Taoism, which will give you a picturesque and peaceful landscape for training mind and body.

2	Day 2: Dengfeng - Chenjiagou - Luoyang (by automobile)	private transfer of Dengfeng/Chenjiagou/Luoyang breakfast, lunch Early in the morning you'll take a car ride from Dengfeng to **Chenjiagou**, where Yang Luchan, the founder of Yang-style Taichi, became famous for never losing a match and never seriously injuring his opponents. Here you'll learn the story of how Yang refined his martial skill to an extremely high level, and ultimately came to be known as Yang Wudi (Yang the Invincible). Follow up next is the **Chen Family Memorial**, a holy place for another Taichi master, Chen Wangting. Take a light-hearted break in front of the statue of Chen and feel the impulse of the strength from within. You'll then tour around the **Taichi Art School**, where you'll take an optional course of Chinese Taichi.
3	Day 3: Luoyang	airport or railway station transfer in Luoyang breakfast, lunch Longmen Grottoes, White Horse Temple The Longmen Grottoes is one of the Three Major Buddhist Grottoes in China. Carved 1500 years ago, the grottoes is the long-established art form which plays a significant role in the evolution of Buddism in Asian. It has over 100,000 Buddhist images and statues inside. The White Horse Temple was etablished in the year 68 AD, and it was the first Buddhism temple in China. According to historical record, there was a white horse that first carried the Buddhism script from India to here, hence it was named White Horse Temple. Service ends.

Tour Includes :

- Professional tour guide service
- Sightseeing with lunch and dinner as listed in above itinerary
- Land transfers between airport or railway station and hotel
- Hotel accommodations with breakfast
- Service charge & government taxes

Tour Excludes :

- International flights & airport tax
- Personal expenses such as laundry, drinks, fax fee, phone bills, optional activities
- Gratuities for guides and drivers
- China Entry Visa, travel insurance

About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. Click here know more details.