



# Wenzhou Wellness & Leisure Tour - 5 Days

Unveil the dramatic landscapes and deep-rooted history of Wenzhou on this premium 5-day journey. Travelers will marvel at the majestic peaks and unique night scenery of Yandang Mountain, cruise the poetic waters of the Nanxi River, and witness the roaring heights of Baizhangji Waterfall. Enriched with immersive historical walks, authentic wellness culinary banquets, and local heritage discoveries, this itinerary seamlessly connects Wenzhou's ultimate natural wonders with its cultural soul.

### Highlights of the tour

#### Immersive Nature and Wellness Experience

Explore Wenzhou's three signature landscapes: mountains, rivers and coastline, while enjoying fresh air and abundant negative oxygen ions in pristine natural environments.

#### Traditional Chinese Wellness and Spiritual Experiences

Specially arranged activities include a blessing ceremony and Zen tea experience at Zhenji Temple, as well as hands-on Traditional Chinese Medicine workshops where visitors can create herbal sachets or herbal pills, promoting relaxation and holistic wellbeing.

#### Distinctive Urban Culture and Shopping Opportunities

Experience Wenzhou's unique identity as both the "Capital of Chinese Footwear" and the "Capital of Chinese Eyewear" through visits to specialty industry clusters, historic streets and local shopping districts, offering a blend of culture, craftsmanship and leisure.

Date	Destinations	Attractions, Meals & Transport

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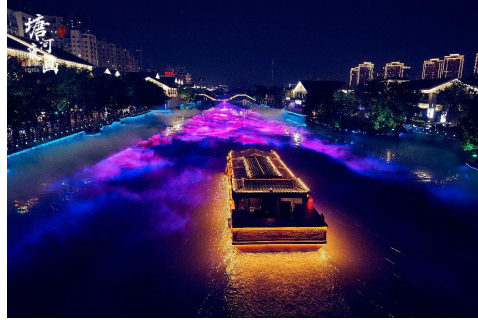
Day 1 Wenzhou

 airport/train station - hotel transfer

 Afternoon:

Visit **Yijitang Traditional Chinese Medicine Museum**. Participate in a hands-on Traditional Chinese Medicine (TCM) workshop, including the making of herbal sachets or traditional herbal pills.

Evening: Enjoy a relaxing evening cruise along the **Tang River**, featuring illuminated riverfront scenery.



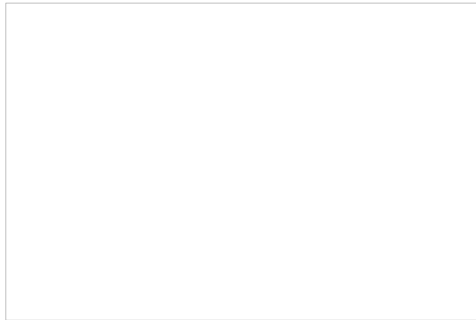
Dining Recommendations: Wellness-themed dinner at Yijitang Traditional Chinese Medicine Museum / Welcome Banquet featuring authentic Ou Cuisine, Wenzhou's regional culinary tradition.



breakfast, lunch

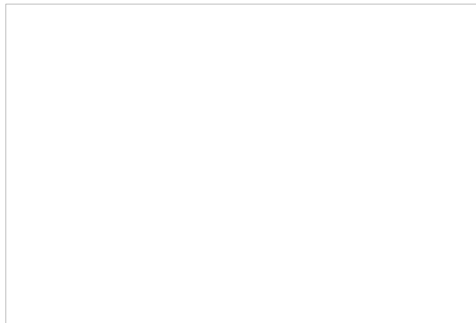


Morning: Transfer to **Yandang Mountain Scenic Area** (approximately 1.5 hours by coach). During spring, enjoy seasonal flower-viewing experiences and scenic cliffside cafés overlooking the spectacular mountain landscape.



Afternoon:

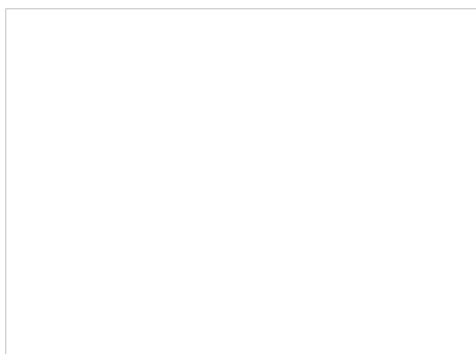
**Zhenji Temple:** Participate in a blessing ceremony and traditional Zen tea experience. Watch the famous Lingyan Flying Acrobatics Performance staged among the dramatic cliffs.




**Dendrobium Cultivation Base:** Learn about Dendrobium, a prized traditional Chinese medicinal herb known for its health benefits.

Dining Recommendations: Traditional Buddhist vegetarian cuisine / Dendrobium wellness banquet

Evening: Lingfeng Scenic Area: Night Scenery

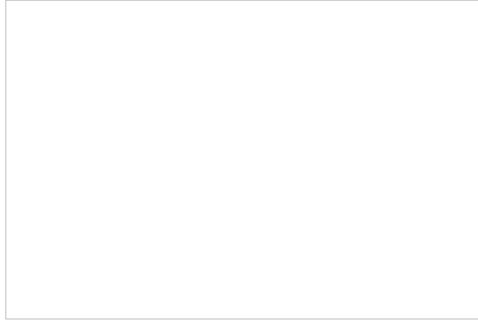


 breakfast, lunch

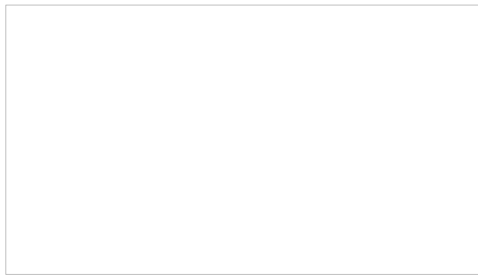


Morning:

**Nanxi River Bamboo Rafting:** Enjoy a leisurely bamboo raft ride along the river.



**Lishui Street:** Explore the historic street and immerse yourself in the charm of traditional village life.




Afternoon:


**Ou Kiln Town:** Discover the history and craftsmanship of Ou Kiln ceramics, one of Wenzhou's important cultural heritage traditions.

Evening:

**Wutian Old Street:** Take a relaxing evening stroll through this revitalized historic district featuring local culture, architecture and cuisine.

Dining Recommendations: Yongjia-style Roast Whole Lamb / Farm-to-table wellness cuisine

 breakfast, lunch

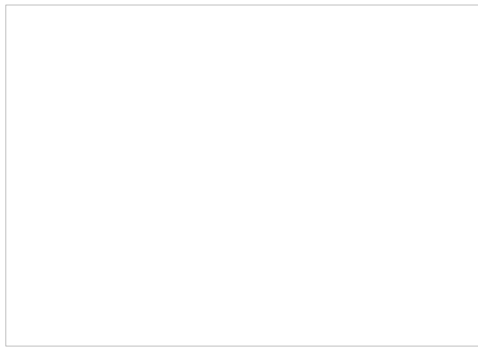
 Morning: Visit **Baizhangji Great Waterfall** and admire one of China's most spectacular waterfall landscapes.






Afternoon:

**China (Ouhai) Glasses Town:** Explore Wenzhou's renowned eyewear industry cluster and learn about the city's manufacturing excellence.

**Wuma Street:** Visit Wenzhou's famous commercial street for shopping, local snacks and cultural souvenirs.



Dining Recommendation: She Ethnic Minority Long-Table Banquet

5	Day 5 Wenzhou	<ul style="list-style-type: none"> <li> airport/train station transfer in Wenzhou</li> <li> breakfast, lunch</li> <li> Morning:  <b>Dongtou Shell Carving Museum:</b> Discover the artistry and cultural significance of traditional shell carving, a distinctive local handicraft of Dongtou.</li> </ul> <div data-bbox="687 360 1166 629" style="border: 1px solid #ccc; height: 120px; margin: 10px 0;"></div> <p><b>Zhongputuo Temple:</b> Visit one of eastern China's renowned Buddhist sites overlooking the sea, known for its peaceful atmosphere and coastal scenery.</p> <div data-bbox="687 797 1166 1066" style="border: 1px solid #ccc; height: 120px; margin: 10px 0;"></div> <p>Dining Recommendation: Dongtou local specialties</p>
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### Tour Includes :

- Private tour guide
- Private air-conditioned coach
- Land transfers between airport or railway station and hotel
- Entrance tickets as listed
- Centrally located hotels with breakfast
- Chinese lunch as listed
- Service charge & government taxes

### Tour Excludes :

- International flights with taxes
- Personal expenses such as laundry, drinks, phone bills, optional activities
- Tips for guides and drivers
- China Visa
- Travel insurance

### About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. [Click here know more details.](#)